







THE REVOLUTIONARY COUNCIL

El President Ian Preedy
Vice President Chris Kearney
Chairman Ted Smith

Tel: 01206 841519

E-mail: chairman@eastern-fourstroke-association.co.uk

Club Secretary Richard Challis

Mobile: 07989 344932

E-mail: secretary@eastern-fourstroke-association.co.uk

Treasurer Craig Crowfoot

E-mail: treasurer@eastern-fourstroke-association.co.uk

Committee Brian Fletcher, Bob Drane, Chris Mace Graham Braybrook, Phil Smith, Rob Clarke

Championship Recorder Colin Taverner

Trials & Tribulations Editor Chris Canham & Website Administrator 10 The Close, Waldingfield Road,

Sudbury, Suffolk, CO10 2QA **Tel:** 01787 374399 **Mobile:** 07963 467922

E-mail: editor@eastern-fourstroke-association.co.uk

Membership Secretary Kevin Plummer

 $\textbf{E-mail:} \ membership@eastern-fourstroke-association.co.uk$

Mobile: 07774 277144

ACTC Secretary Kevin Davie

Mobile: 07801 138769

E-mail: secretary@anglia-classic-trials-club.co.uk

Please could articles for inclusion in the T&T to be with the Editor by first post the Tuesday before club night. Thank you.

www.eastern-fourstroke-association.co.uk

Visit the Eastern Fourstroke Associations website and <u>Facebook Page</u> for a wealth of club information, results, pictures and videos of club trials.

(Submissions gratefully received)

Disclaimer - The articles and comments published herein do not necessarily represent the views of the Eastern Fourstroke Association, they are the opinions of individual contributors and are published with a view that free expression promotes discussion and interest.

EDITORIAL

At the recent club trial held at Raydon the gathered riders at the start, led by Ted, held a one minutes silence for the recent passing of Stuart Penfold and Grayham Steward, the clubs condolences go to their families at their recent passing.

We are still seeking a Secretary of the Meeting for the Thumpers trial in November. Don't let the far off date stop you from coming forward it'll be upon us before you know it. There's no denying it's more involved than a standard club trial but that doesn't make it any harder, there's just a couple of more envelopes to send out.

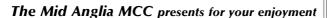
Richards looking for some help to set out Chattisham but due to some unforeseen circumstances he can only get there the Friday and not the Saturday. So if you've got some time spare on that Friday morning your help would be very much appreciated, details further on in the mag.

Wasn't Raydon a blast! Considering the weather we are having now it seems a world away, just needed a bit of snow for a proper winter trial.

Thanks to Norman Blakemore for the article, it's much appreciated.

Enjoy the AGM, hope you don't get too many bruises from the scrum for the food and give up some riotous cheers for those award winners.

Keep yer feet up,







Raydon Pit, Wades Lane, Raydon, Suffolk (Grid Ref TM043389)
Saturday23rd March 2019

Gates will open at noon.

For further information contact:

Tracey Henderson 01245 460025 / tracey.henderson@btopenworld.com

Up to date information can be found at the Facebook page - Raydon Practice

Front Cover.

Kevin Hood, 250 Royal Enfield, at the Raydon Valentines Trial

WHY NOT ELECTRIC START

Back in the eighties I was riding in Pre 65 trials when I was diagnosed with osteoarthritis in both knees.

My reaction was to try and find a cure and extend my riding by building an electric start Greeves trials bike.

I began sourcing bits and then was able to fix the arthritis by diet so the bits were abandoned and I got on with my life.

Twenty plus years later I went to the show at Battlesbridge and

saw an ex Staffordshire Police Greeves 24DF on the GRA stand with an electric start 250 single Villers engine. The cowling over the Siba Dynastart was smaller than I had seen so I asked Simon Bateman of NAMETAB to build me a bottom end like that.

As usual Simon did his stuff and the project was underway.

Next I needed a rolling chassis so I rang Terry Sewell. Did he have a suitable chassis? Did he!

He actually had one of the 12 Stafford bikes without an engine. How lucky was that.

I built the bike in fairly standard trim, non standard plastic guards, indicators and small lights being preferred, and I used it like that for a while.

I was still an active trials rider with a preference for the longer trials like the Sammy Miller series, and with my advancing years I was finding some events a bit tiring.

In these events we would cover 30 to 50 miles of roads and green lanes and 30 or 40 sections and with inspecting the sections, and occasional stops and falls, probably find neutral and kick start the bike 50 or 60 times in the day, even if it starts first time.

The ability to button start the bike in gear would save considerable energy, so why not turn the DF into a trials bike.



Terry found me some banana forks. I built a wide ratio gearbox with four evenly spaced ratios, 21" front wheel, trials tyres and a high level exhaust and I was on the way. I have to say that the initial rides were a disappointment, the Siba would only crank a low compression engine and not enough power. I replaced the iron cylinder with an Anglian top half and machined the head to take a Bond Minicar compression reducer so that I could



increase the running compression ratio. Problem solved.

For trials I used an ally tank and a small seat. For trail riding I used the standard police items and that is the trim shown in the pictures.

Not long after it was finished I took it to The Scottish Six Days to spectate but also to show of some new shocks we had produced, with

shocks at front and back it should have been ideal, but mostly people just wanted me to start the bike to prove I could. The battery stood up very well and I later found that the bike would do closed circuit trials without problem, despite no road miles to charge up the battery.

I've had the bike for 13 years now and

used it for trials, competing, observing and spectating, for vintage club rides, for quite serious trail riding, including the highest trail in Scotland, and for what I consider it to be best suited for nowadays, the Beamish Trophy Trial, a hundred miles of Northumberland scenery with old traditional sections where it's never lost a mark and won awards. And it's just been to the

Manx Rally where as usual it created lots of interest.

Times change and we all get older and now I find it seems quite a big heavy bike in spite of fitting shorter shocks I have smaller, lighter bikes that I can ride so I think I may move it on if I can find it a good home.







EASTERN FOURSTROKE ASSOCIATION

RESTRICTED TO MEMBERS OF THE EASTERN FOURSTROKE ASSOCIATION HOLDING A VALID ACU TRIALS LICENCE

THE CHATTISHAM CHALLENGE TRIAL

PRE-65 AND TWINSHOCK TRIAL



TRIAL: CLOSED TO CLUB

VENUE: The Water Run, Chattisham Lane, Hintlesham, Suffolk, IP8 3PU'ish

GRID REF: 52.044824 N, 1.047541 E.

ACU PERMIT No: TBA

CLUB STEWARD: TBA

CLERK OF THE COURSE: Richard Challis L/N. 38598

SECRETARY OF THE MEETING: Craig Crowfoot, 40 Mallard Way, Stowmarket, Suffolk, IP1 4UN

07775906362, craigcrowfoot@wolsey.volkswagon.co.uk

JURISDICTION: Held under the NSC and the Standing Discipline Regulations of the ACU and the EASTERN CENTRE, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to members of the Eastern Fourstroke Association riding Pre-65 solo machines, twinshock machines and EFA Youth members only.

COURSE: Approximately 4 laps of 10 sections - multi route course - all on private land.

MARKING: As per TSR 22B - Non-stop basis.

ENTRIES: To be made on the OFFICIAL ENTRY FORM and forwarded to the Secretary of the Meeting with a fee of £15.00 (adult), £10.00 (youth) which includes Insurance Premiums, Licence Subscription and all levies. Please make cheque's payable to the Eastern Fourstroke Association (EFA) If you require the results to be posted to you please supply a S. A. E. Alternatively results will be posted on the EFA website at; www.eastern-fourstroke-association.co.uk

ENTRIES CLOSE: Half Hour Before the Start

CLASSES: SOLO, Rigid, Pre-unit, Unit, 2 Stroke, Twin Shock & Youth. All solo.

ROUTE: Hard / 50/50 / Easy / Veterans

Chattisham Working Party

Due to unforeseen circumstances there will now be a working party at Chattisham on Friday the 15th March at 9.30 a.m.

There is not as much work to be done as normal but we will still need grass cutting equip etc.

Please contact Richard Challis if you require further information, contact details inside front cover.

Thank you.

E.F.A./A.C.T.C. Membership For 2019

Club subs are due on the 1st March.

Membership costs remains the same for another year at a fantastic value of,

£12/year for adults and £3.00/year for youths.

Please make cheque's payable to E.F.A. and post to me (Kevin) at the address shown inside the front cover of Trials and Tribulations.

Regards, Kevin (membership secretary)

OFFICIAL ENTRY FORM Eastern Fourstroke Association CHATTISHAM CHALLENGE TRIAL

I enclose the entry fee of: £.....

CLOSED TO CLUB DATE. 17th March 2019 ACU PERMIT No. TBA

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
- I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event
 I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or
 officials.
- · I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion injury.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I
 understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in
 a high risk activity.
- I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
- I have read & understood the ACU Limited Data Protection Policy & I consent to the collection and retention of my personal information by the Organisers & the ACU.
- I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to
 compete on the machines for which I have entered.
- I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic

 Acts or equivalent legislation, and that they will comply with the regulations in general thereof.

Acknowledgement of the risks of motor sport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner, or any individual carrying out duties on their behalf

Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.

I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.

were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity.
I have read the above and acknowledge that my participation in motor sport is entirely at my own risk. I agree that I am required to register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro
Rider's signature:Please tick box if you are 18 years of age and over
FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT/ PERSON WITH PARENTAL RESPONSIBILITY: (COMPLETE IN BLOCK CAPITALS PLEASE)
sibility of the above named participant, hereinafter referred to as 'y child', accept that my child may participate in the aforementioned meeting.
I declare as follows: - I have read and understood the "Acknowledgement of the risks of motor sport" which appears above. I appreciate the dangers inherent in motor sport which include the risk of death or permanent disablement.
The child does not suffer from any physical, medical or mental disability which would make it unsafe for him/her to participate either as a Competitor or for Practice.
I accept that it is my responsibility to ensure that the child and I have had the opportunity to read and understand the National Sporting Code of the ACU, Standing Regulations, Supplementary Regulations and Final Instructions subsequently issued and this Entry Form and that he/she will comply with them.
I accept that photographs or video films may be taken of my child by officials dealing with safety issues or accident investigations. Photographs may also be taken for promotional purposes and may appear on the ACU website or in ACU publications.

Extract from NSC Article 7.14: A parent or legal guardian of a rider or passenger participating in a competition requiring consent is

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Machine									
Route (circle one) HARD									
Contact & Telephone Number	r in case of Emerge	ency							

RAYDON TRIAL PHOTO'S





PLUMMERS PRATTLE

Well that was a baptism of fire, my first COC Trial for the EFA at Raydon and a change of weather overnight meant an early Sunday morning adjusting the sections to account for the rain. It still made for a higher scoring trial but hopefully an enjoyable one.

Many thanks to all those that supported me with the build up to the event, to those that helped set up in the wind on Saturday, for the walk round advice on Sunday morning and A BIG thanks to Hugo for sorting the paper work out along with getting the results out in record time (even though some riders didn't want to see them.)

Also not forgetting the hard working helpers then stayed on to clear and clean all the equipment ready for the next event.

The BIGGEST thanks must go again to the observers, what a fantastic band of folk you are and I must thank all you riders for tuning up and having fun, that makes all the hard work worth while.

We are all members of a first class club.

And last but not least a speedy recovery to Mark Gibb who took a tumble at the Eastern Acorns Trial, we need him back to open all the sections for the other riders....

Kevin

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Two-Stroke	186 Bantam	250 Greeves	250 Sprite	175 BSA	250 Sprite	175 Bantam	Twin-shock	175 Yamaha	250 OSSA	350 Bultaco	325 Bultaco	212 Fantic	200 Honda	250 Honda	325 Suzuki	175 Yamaha	175 Yamaha	242 Montesa	125 Yamaha	175 Yamaha	200 Fantic	250 Yamaha	175 Yamaha	250 Yamaha	175 Yamaha	Machine	Unit	500 Triumph	Machine	shock	125 Honda
S-owT	46 Phil Read	49 John Beasley	2 Hugo Rose	5 Robert Bond	18 Brian Fletcher	7 Ken Carroll	Twin-	27 Harry Rudd	54 Bob Wreathall	41 Nick Hodgetts	28 Andrew Jackson	47 Gary Smith	10 Alan Robinson	33 Brian Cook		8 Doug Theobald	1 Dan Wright	44 Joseph Knight	37 Gary Bradley	15 Robert Edwards	13 David Rose	53 Dale Clutterham	26 Gary Rudd	42 Peter Caunter	38 Andrew Harrison	No Name	ח	52 Josun Cole	No Name	Twin-shock	43 Jake Caunter



EASTERN FOURSTROKE ASSOCIATION

OPEN to all members of ACU AFFILIATED CLUBS

Roger Birch Memorial Trial PRE 70 SOLO AND TWINSHOCK TRIAL



(Including Round 1 of the E. C. Class C P70 Championship) Sunday April 7th 2019, Start 10:30 am.

TRIAL: CENTRE RESTRICTED

VENUE: Hall Farm, Hall Road, Great Bromley, Colchester, Essex, C07 7TR (nearest)

GRID REF: TM 083 262
ACU PERMIT No: TBA

CLUB STEWARD: TBA

CLERK OF THE COURSE: Chris Mace. Licence No. 38767

SECRETARY OF THE MEETING: Kevin Plummer, Bradgate House, Crown Lane, Ixworth, Bury St.

Edmunds, Suffolk, IP31 2EH. Mobile: 07774 277144

JURISDICTION: Held under the NSC and the Standing Discipline Regulations of the ACU and the EASTERN CENTRE, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to ACU affiliated members of the Eastern Centre.

COURSE: Approximately 4 laps of 12 sections - multi route course - all on private land.

MARKING: As per TSR 22B - Non-stop basis.

ENTRIES: To be made on the OFFICIAL ENTRY FORM and forwarded to the Secretary of the Meeting with a fee of £15.00 (adult), £10.00 (youth) which includes Insurance Premiums, Licence Subscription and all levies. Please make cheque's payable to the E. F. A.

ENTRIES CLOSE: Half hour before the start for non championship. 5th March for championship entries (which

must be made on the E.C. Gazette form or online via the ACU website.)

CLASSES: SOLO, Rigid, Pre-unit, Pre-70 Unit, Pre-70 2 Stroke, Twin Shock, & Youth.

ROUTE: Hard Championship/ 50/50 /Easy & Rigid/Veterans

This entry form to be used only by the members of the Eastern Fourstroke Association holding an ACU
Trials Licience riding the non-championship route.

STILL

WANTED

A new Secretary of the meeting for the 2019 Thumpers.

Please contact Ted at your earliest convenience.

Thank you.

WANTED

80mph Smiths Speedometer would prefer one working but one needing work will do.

Also a BSA Bantam exhaust system for a road going Bantam and an ignition & lighting system if possible.

Please contact: Brian Farmer on 01206 862990

OFFICIAL CLUB ENTRY FORM Eastern Fourstroke Association ROGER BIRCH MEMORIAL TRIAL

I enclose the entry fee of: £.....

OPEN DATE. 7th April 2019 ACU PERMIT No. TBA

This event is held under the National Sporting Code of the Auto-Cycle Union, the Standing Regulations, Supplementary Regulations and any Final Instructions issued for the meeting. The ACU National Sporting Code and Standing Regulations are published annually in the ACU Handbook.

Entry declaration: I/we the undersigned apply to enter the event described above and in consideration thereof:

- I declare that I have had the opportunity to read, and that I understand the National Sporting Code of the ACU, the ACU Standing Regulations, such Supplementary Regulations as have or may be issued for the event, and agree to be bound by them.
- I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I confirm that I understand the nature and type of event
 I am entering and its inherent risks and agree to accept the same notwithstanding that such risks may involve negligence on the part of the organisers or
 officials.
- . I confirm that I am not currently suspended from ACU permitted competition or on the ACU Stop List as a result of incurring a Concussion injury.
- I accept that insurance arranged on my behalf by the organisers of events that I may enter specifically excludes liability between the participants. I understand that this form may be used in litigation as evidence that any serious injury will be principally the result of my voluntary decision to engage in a high risk activity.
- I consent to details of any injuries I may suffer at this event being passed between all medical services and the Clerk of the Course.
- I have read & understood the ACU Limited Data Protection Policy & I consent to the collection and retention of my personal information by the Organisers & the ACU.
- I confirm that the machine(s) as described below which I shall participate on shall be suitable and proper for the purpose. I confirm that I am eligible to
 compete on the machines for which I have entered.
- I confirm that if any part of the event takes place on a public highway, the machine(s) described below shall be insured as required by the Road Traffic

 Acts or equivalent legislation, and that they will comply with the regulations in respect thereof.
- Acts, or equivalent legislation, and that they will comply with the regulations in respect thereof.

 I confirm that I have not been refused an ACU Licence, nor had an ACU Licence suspended, nor have I been excluded from any ACU competition.

Acknowledgement of the risks of motor sport: I understand that by taking part in this event I am exposed to a risk of death, becoming permanently disabled or suffering some other serious injury and I acknowledge that even in the event that negligence on the part of the ACU, any event organiser, any circuit owner, the promoter, the organising club, the venue owner or any individual carrying out duties on their behalf were to be a contributory cause of any serious injury I may suffer, the dominant cause of any serious injury will always be my voluntary decision to take part in a high risk activity. I have read the above and acknowledge that my participation in motor sport is entirely at my own risk. I agree that I am required register on arrival by "signing on" at the designated place before taking part in any Practice Session/Race, Trials or Enduro
Rider's signature:Please tick box if you are 18 years of age and over
FOR PARTICIPANTS UNDER AGE OF 18, DECLARATION OF PARENT/ PERSON WITH PARENTAL RESPONSIBILITY: (COMPLETE IN BLOCK CAPITALS PLEASE) I
Signature of Parent/Person with parental responsibility:
Address

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Rider's Surname:					
Postcode:Email:		Tel:			
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Class Entered					
Route (circle one) HARD	50/50	EASY			
Contact & Telephone Num	ber in case of E	mergency			



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Fleece including chest logo
Knitted Hat including logo
Cap including logo
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Jacket including chest logo

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KEEPING TRACK!

March 2019

Fixture list of Classic Events in East Anglia & some further afield

3rd March	ACTC	AMCA	Wrabness Trial, Wrabness
5th March	EFA/ACTC		AGM, Club Night at the Alma Pub, Copford
17th March	EFA	ACU	Chattisham Challenge, Water Lane, Hintlesham
17th March	Pre65 Motocross Club	AMCA	Marks Tey Scramble
23rd March	Mid Anglia MCC	AMCA	Plonkaround Practice at Raydon Pit from noon.
7 th April	EFA	ACU	Roger Birch Mem Trial, Class C Champ, Bromley.
14 th April	ACTC	AMCA	Snaque Pit Trial, Belchamp Paul'ish
19th April Gd Fri	Woodbridge MCC	ACU	Class C Trials Champs, Blaxhall Pits
21st April	Pre65 Motocross Club	AMCA	Maylandsea Scramble

These events have been supplied in good faith but neither the Editor nor the E. F. A. can be held responsible for errors, omissions or cancellations of any event.

DRUM BRAKE EXCHANGE BRAKE SHOES (ALL TYPES)

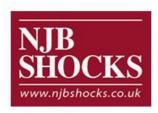
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Unit 6, East Street, Braintree, Essex CM7 3JJ Email: challisautospares@yahoo.co.uk www.challisautospares.co.uk Coil Rewinding Available - Discount to all Club Members



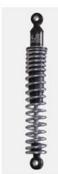
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Available in trials, scrambles & 'street shocks' specifications The length is adjustable between 335 and 385mm @ £198 a pair



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