

December 2023
Vol.3 Issue 10

T RIALS & RIBULATI NS



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Visit the Eastern Fourstroke Associations website and [Facebook Page](#) for a wealth of club information, results, pictures and much more.
(Submissions gratefully received)

Disclaimer - The articles and comments published herein do not necessarily represent the views of the Eastern Fourstroke Association, they are the opinions of individual contributors and are published with a view that free expression promotes discussion and interest.

CHAIRMAN'S Wattlings

As a new chairman this is my first Christmas so I would like to take this opportunity to wish all the members and friends a merry Christmas and a happy new year to you and your families.

It's been a strange year after covid, hopefully it's been a learning curve for us all and I am sure there will be changes this year coming.

I am so pleased with the way we all worked so hard to making the Thumpers a fantastic event this year well done everyone.

As I am writing this it's time for Phil and his boys to prepare Boxford bash trial, I am sure it will be a great day with excellent sections .

Watch out for the new observers waistcoats so you know they are special as without Sir Ted and his helpers there would be no trial.

Many thanks,

Chris

KEEPING TRACK!

2023 - 2024

Club Fixture List & some other classic events.

Dec 31st	Butley	ACU	ACU Eastern 'C' Class Trials Championship Round 6 Woodbridge & DMCC
6th Jan	Little Bealings	ACU	Working Party
7th Jan	Little Bealings	ACU	EFA Enter on the Day
20th Jan	Stowupland Village Hall	ACU	Eastern Centre ACU Awards - Raffle, light refreshments, nibbles and bar - 7:30pm
18th Feb	Raydon	ACU	EFA Enter on the Day

Ian Preedy Memorial Thumpers Trial - Thorrington

No.	Class	Name	Name	Machine	Route	Machine	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	Total	
							Hard / Red Route																	
13	Daniel	Carter	Woodbridge & DMCC Ltd	Pre Unit Hard Championship	RED	Ariel	500	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5
45	Mark	Fletcher	Eastern Four Stroke Association	Pre Unit Hard Championship	RED	Ariel	500	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5
36	Sam	Appleton	Castle Colchester MCC Ltd	Pre Unit Hard Championship	RED	Royal Enfield	360	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
28	Clive	Dopson	Wymondham & DMCC Ltd	Rigid Hard Championship	RED	Norton	490	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	53
44	James	Newstead	Diss Motorcycle Club Ltd	Rigid Hard Non-Championship	RED	BSA	175	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	11
39	Garry	Collins	Norwich Viking MCC Ltd	Pre Unit 50/50 Championship	RED	BSA	270	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14
49	Chris	Baker	Eastern Four Stroke Association	Pre Unit 50/50 Championship	RED	Triumph	200	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	26
33	Paul	Whitehead	Castle Colchester MCC Ltd	Pre Unit 50/50 Championship	RED	Triumph	500	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
52	Tim	Blackmore	Hillingford & Uckinger MCC	2 Stroke Hard Championship	RED	BSA	185	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
5	Richard	Norman	Castle Colchester MCC Ltd	2 Stroke Hard Championship	RED	BSA	185	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	26
20	Byrn	Malton	Gravesend Eagles MC & MC Ltd	2 Stroke Hard Championship	RED	BSA	175	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
9	Trevor	Baker	Eastern Four Stroke Association	2 Stroke Hard Championship	RED	BSA	290	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	77
53	Thomas	Norman	Castle Colchester MCC Ltd	2 Stroke Hard Non-Championship	RED	BSA	185	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	88
29	Thorne	Smith	Barham District MC	2 Stroke Hard Championship	RED	Ariel	250	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	Rld
37	Joe	Butcher	Eastern Four Stroke Association	Pre Unit Hard Championship	RED	Norton	175	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	Rld
25	John	Lea	Wymondham & DMCC Ltd	Pre Unit Hard Non-Championship	RED	Royal Enfield	500	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	Rld
41	Douglas	Mummary	Gravesend Eagles MC & MC Ltd	Pre Unit Hard Non-Championship	RED	Norral	500	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	Rld
17	David	Plumb	Double Five Kent MCC Ltd	Unit Hard Championship	RED	Triumph	250	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	Rld
21	Andrew	Pierce	Gravesend Eagles MC & MC Ltd	2 Stroke Hard Non-Championship	RED	James	248	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	Rld
1	Kevin	Hood	Ipswich MCC	Unit Hard Championship	RED	Royal Enfield	248	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	NIS

50/50 Green Route

51	Anthony	White	Sicup & DMCC Ltd	Pre Unit 50/50 Championship	GREEN	Matchless	410	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	64	
47	Jason	Sturgeon	Cambridge Matchless MC	Rigid 50/50 Non-Championship	GREEN	Bavril	200	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12
7	James	Carmack	Castle Colchester MCC Ltd	Unit 50/50 Championship	GREEN	Triumph	200	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
23	Mark E	Chapman	Diss Motorcycle Club Ltd	Unit 50/50 Championship	GREEN	BSA	250	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	38	
35	Michael	Smith	Eastern Four Stroke Association	Unit 50/50 Championship	GREEN	Triumph	250	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	38	
54	Darrel	Glover	Wymondham & DMCC Ltd	Unit 50/50 Non-Championship	GREEN	BSA	250	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	33
11	Richard	Snowden	Diss Motorcycle Club Ltd	2 Stroke 50/50 Championship	GREEN	Freely	250	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	33
3	Kevin	Plummer	Eastern Four Stroke Association	2 Stroke 50/50 Championship	GREEN	BSA	188	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9
31	Andy	Nunn	Eastern Four Stroke Association	2 Stroke 50/50 Championship	GREEN	BSA	185	1	0	2	1	0	2	0	0	0	0	0	0	0	0	0	0	0	22
15	Paul	Houghton	Lowestoft Invaders MCC	2 Stroke 50/50 Championship	GREEN	BSA	185	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	24
43	Trevor	Hill	Eastern Four Stroke Association	2 Stroke 50/50 Championship	GREEN	BSA	185	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
19	Bob	Clarke	Eastern Four Stroke Association	2 Stroke 50/50 Championship	GREEN	BSA	185	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	35
27	Peter	Bavin	Diss Motorcycle Club Ltd	2 Stroke 50/50 Championship	GREEN	Jarrow	250	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	47	

Thank you to the land owners Steve & Wendy Sawyer for the use of their wonderful wilderness.

to all who put the effort in for this weekend's EFA trial at Thorrington, Clerk of the Course Chris Mace, Club Stewards Chris Chapman, Machine Examiner Eddie Hood, Starter Timekeeper Bob Wreathall, Secretary of the Meeting Chris Canham including the setting out team for the sections, and as always all the Observers Mrs Lee, Edie Smith, Geoff Daw, Daphne Daw, Sledge.

Colin Rose, Jackie Braybrook, Brian Fliether, Richard Challis, Allie Passfield, Mick Honeyball, Dave Bailey, Bruce Davey, Paul Biblow, Phil and Mandy Kent

- Along with all that help set up and clear up for making it another successful Trials day!

Numbers 6, 7, 16, 24, 25, 30, 32, 35, 53, 54 ACU-EC, as for previous Pre 70 championship rounds it is requested that the affected numbers are identified with an asterisk (*) and the following note is added to the bottom of the results "X" by the number shows a machine that did not appear to meet the Pre-70 ACU Eastern eligibility rules as published on the ACU Eastern website, and therefore will not score centre championship points in this event. If any rider believes their machine has not been incorrectly identified as not complying, in the first instance they should contact the secretary of the meeting"

Eastern Fourstroke Association

Sunday, November 26, 2023

Ian Preedy Memorial Thumpers Trial - Thorrington

No.	Class	Name	Name	Machine	Route	Machine	Easy / White	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	Total		
46	John	Daily	Eastern Four Stroke Association	Pre Unit Easy Championship	WHITE	Matchless	Matchless	401	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18	
48	Jacoph	Stofley	Woodbridge & DMCC Ltd	Pre Unit Easy Championship	WHITE	Royal Enfield bullet	Royal Enfield	350	1	0	0	1	3	0	0	0	0	0	0	0	0	0	0	0	0	35
30*	Alan	Farmer	Eastern Four Stroke Association	Pre Unit Easy Non-Championship	WHITE	OC Royal Enfield	OC Royal Enfield	500	0	0	0	1	1	0	3	0	0	0	0	0	0	0	0	0	0	31
34	Robert	Clarke	Eastern Four Stroke Association	Pre Unit Easy Non-Championship	WHITE	BSA	BSA	330	1	0	0	0	1	3	0	0	1	1	5	0	0	0	0	0	0	43
8	Mark	Gibb	Eastern Four Stroke Association	Rigid Easy Non-Championship	WHITE	BSA	BSA	250	0	0	0	0	5	3	0	0	0	0	0	0	0	0	0	0	0	33
38	Dan	Wright	Eastern Four Stroke Association	Unit Easy Championship	WHITE	Triumph	Triumph	200	0	0	0	1	1	1	0	0	0	0	0	0	0	0	0	0	0	35
50	Andrew	Blibow	Eastern Four Stroke Association	Unit Easy Championship	WHITE	BSA	BSA	250	3	5	0	0	0	2	3	2	1	1	2	0	0	0	0	0	0	67
22	Chris	McKenzie	Eastern Four Stroke Association	Unit Easy Championship	WHITE	BSA	BSA	333	0	1	1	0	3	2	2	0	0	3	3	3	0	3	2	1	1	68
24*	Marin	Croker	Eastern Four Stroke Association	Unit Easy Non-Championship	WHITE	Triumph	Triumph	500	1	5	0	2	5	3	3	1	0	0	0	0	0	0	0	0	0	40
16*	David	Rose	Woodbridge & DMCC Ltd	Unit Easy Non-Championship	WHITE	Triumph	Triumph	200	0	1	0	0	1	1	2	0	0	1	2	3	5	1	0	0	0	27
18	Phill	Smith	Eastern Four Stroke Association	Unit Easy Non-Championship	WHITE	BSA	BSA	250	1	0	0	5	1	3	2	0	0	1	3	0	5	3	1	1	0	43
6*	Kenneth	Carroll	Eastern Four Stroke Association	Unit Easy Non-Championship	WHITE	Triumph	Triumph	198	2	0	3	0	1	1	3	5	3	3	0	0	2	3	2	3	0	75
14	Joshua	Brown	Eastern Four Stroke Association	2 Stroke Easy Championship	WHITE	Bantam	Bantam	185	0	3	0	1	1	0	0	0	0	0	0	0	1	0	0	0	0	24
4	John	Beasley	Eastern Four Stroke Association	2 Stroke Easy Championship	WHITE	GREENVES	Anglian	250	1	1	0	2	3	1	1	0	0	0	0	1	3	3	0	0	0	32
26	Douglas	Barrell	Ipswich MCC	2 Stroke Easy Championship	WHITE	BSA - Rigid	Bantam	175	0	3	0	1	0	2	0	5	0	0	0	3	2	3	5	0	1	30
40	Trevor	Kemp	Ipswich MCC	2 Stroke Easy Championship	WHITE	BSA	Bantam	185	0	1	0	0	1	0	1	0	0	2	5	3	5	0	0	0	0	39
42	Alan	Day	Castle Colchester MCC Ltd	2 Stroke Easy Non-Championship	WHITE	BSA	Bantam	185	0	0	5	0	1	1	1	0	0	0	0	0	0	0	0	0	0	16
32*	Ference	Thompson	Eastern Four Stroke Association	2 Stroke Easy Non-Championship	WHITE	BSA Bantam	Bantam	185	0	0	2	0	5	3	2	0	1	0	0	0	1	3	5	0	0	35
12	Graham	Braybrook	Eastern Four Stroke Association	Unit Easy Non-Championship	WHITE	Royal Enfield	Cruiser	250	0	0	0	1	0	0	5	0	0	0	0	0	0	0	0	0	0	16
10	Kevin	Goldsmith	Eastern Four Stroke Association	Pre Unit Easy Non-Championship	WHITE	Royal Enfield	Bullet	250	3	0	5	3	0	0	5	0	0	0	0	0	0	0	0	0	0	33
2	Bilan	Cook	Eastern Four Stroke Association	Unit Easy Championship	WHITE	BSA	BSA	250	3	0	2	0	3	2	3	5	0	2	5	3	2	3	1	5	0	2

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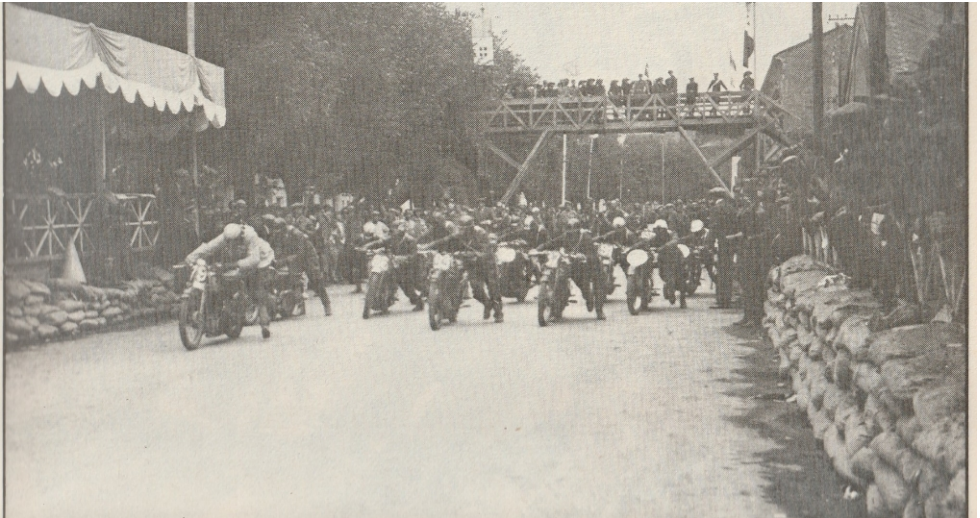
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TOWARDS "SECTION ENDS"

There are very many methods of starting a motorcycle race. You can have engines running and the drop of a flag – usually a Union Jack - or the flash `on`, (or off) of a light. There may be the dropping of a gate or, as in horse racing, the raising of a tape. A "Le Mans" start, involves riders standing on one side of the track and having to run across its width and leap on their bikes which are held ready for them by a pit mechanic. I recall in my early scrambles, similarly having to run from some fifty yards behind the bike, leap on it and kick-start it into life. Another old-time starting method which was rather open to some cheating, was the "left hand on helmet" start - with engine racing and on the drop of the flag, the need to yank the clutch in, boot the bike into gear and depart.

Oddly enough, with the almost universal adoption of self-starters on most motorcycles today, I am not aware of any "press the starter and away," take offs – but I could be quite wrong on that.

When I was road racing, leaving the starter grid was always done - rather uniquely for any motor sport, in comparative silence and by everyone pushing. I always thought it a recognisable link to the very early days of motorcycle when they nearly all had to be pushed to get them to start! The fire-up drill therefore required a little athleticism. The flag dropped or the light flashed, and you pushed the bike as hard as you could – clutch in and with bottom gear engaged. If the bike was a four-stroke, you made very



1/ " The charge of the Fire-up brigade! A pre-war Grand Prix gets under way. It looks as if the chap in white already has an early advantage."

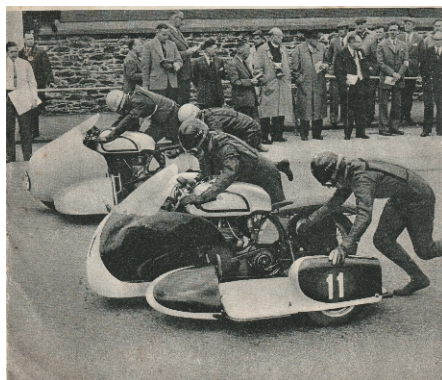
sure it was “back” against the compression stroke. This would give the engine three strokes for the flywheels to gain momentum, punch into compression and duly respond. “Bang bang bang!!” - you were away! - as was (nearly).everyone else. I have very little in my motorcycle career to boast about but when it came to push-starting in road racing - I was an ace!

Having bought my newly acquired second-hand Cotton racer home, I soon began to realise that it was all very well going into road racing and purchasing the necessary tackle needed for this fairly exclusive branch of motorcycle sport - but where was I going to ride it? The two nearest circuits for me were either Brands Hatch or Snetterton, both some two hours distance away. I had a distinctly uneasy feeling this machine would need some sorting out.

Luckily my employer owned a farm, the main house of which was at the end of a private and tarred lane of a kilometre in length. Even better, around halfway was a corner which I could approach at a good clip, change down all the gears, whizz round and pull away whacking up through the gears again. We had to have one of my colleagues on the corner to signal if a tractor was coming the other way – the lane was very narrow! Alas, my

employer`s mother also lived close by and complained of the – to her - appalling noise. I was demoted to the extreme end of the lane – two hundred yards or so. Not enough to get the bike into a high gear – but at least I could practice push starts – which I did endlessly. As much as I made any impact at all in road racing, that diligence did pay off. A good start of this kind paid very handsome dividends in track position at the start of a race. My problems were with the rest of it!

Sidge



2/ " As ever, the process is even more complex with a chair! - lets hope all of them got aboard to then tackle the TT course."

THUMPERS 2023 - CHRIS CANHAM







EASTERN FOURSTROKE ASSOCIATION
 Restricted to members of the Eastern Fourstroke Association



LITTLE BEALINGS TRIAL

PRE-65 AND TWINSHOCK TRIAL

Sunday January 7th 2024, Start 10:00 am.

TRIAL: CLUB RESTRICTED - JOIN CLUB ON THE DAY
VENUE: Sunfield Farm, Little Bealings, Woodbridge, Suffolk
POST CODE: IP13 6LT. (Nearest, trial entrance is just by the level crossing)
ACU PERMIT No: TBC - ENTER ON THE DAY
CLERK OF THE COURSE: KEVIN PLUMMER
SECRETARY OF THE MEETING: Mr. Steve Newman, 80 Westley Road, Bury St Edmunds, Suffolk,
 IP33 3RU. Tel: 01284 704856 / 07706760590

JURISDICTION: Held under the NSC and the Standing Discipline Regulations of the ACU and the EASTERN CENTRE, these Supplementary Regulations and any Final Instructions which will have the force of these Regulations. Open to members of the Eastern Fourstroke Association riding Pre-65 solo machines, twinshock machines and EFA Youth members only.

COURSE: Approximately 4 laps of 10 sections - multi route course - all on private land.

MARKING: As per TSR 22B - Non-stop basis.

ENTRIES: To be made on the OFFICIAL ENTRY FORM and forwarded to the Secretary of the Meeting with a fee of **£20.00** which includes Insurance Premiums, Licence Subscription and all levies. Please make cheque's payable to the Eastern Fourstroke Association (EFA) if you require the results to be posted to you please supply a S. A. E. Alternatively results will be posted on the EFA website at: www.eastern-fourstroke-association.co.uk

ENTRIES CLOSE: Half Hour Before the Start

CLASSES: SOLO, ROUTE: Rigid, Pre-unit, Unit, 2 Stroke, Twin Shock & Youth. All solo.
 Hard / 50/50 / Easy

2024 ACU LICENCE Required
- renew on SPORT80 now

Event closed to Club - Membership form on website or contact your Club Membership Secretary Kevin Plummer; details inside front cover.

No Licence = No Ride.

Working Party:

Setting out 6th January, 9am

THUMPERS 2023 - MARK GIBB



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